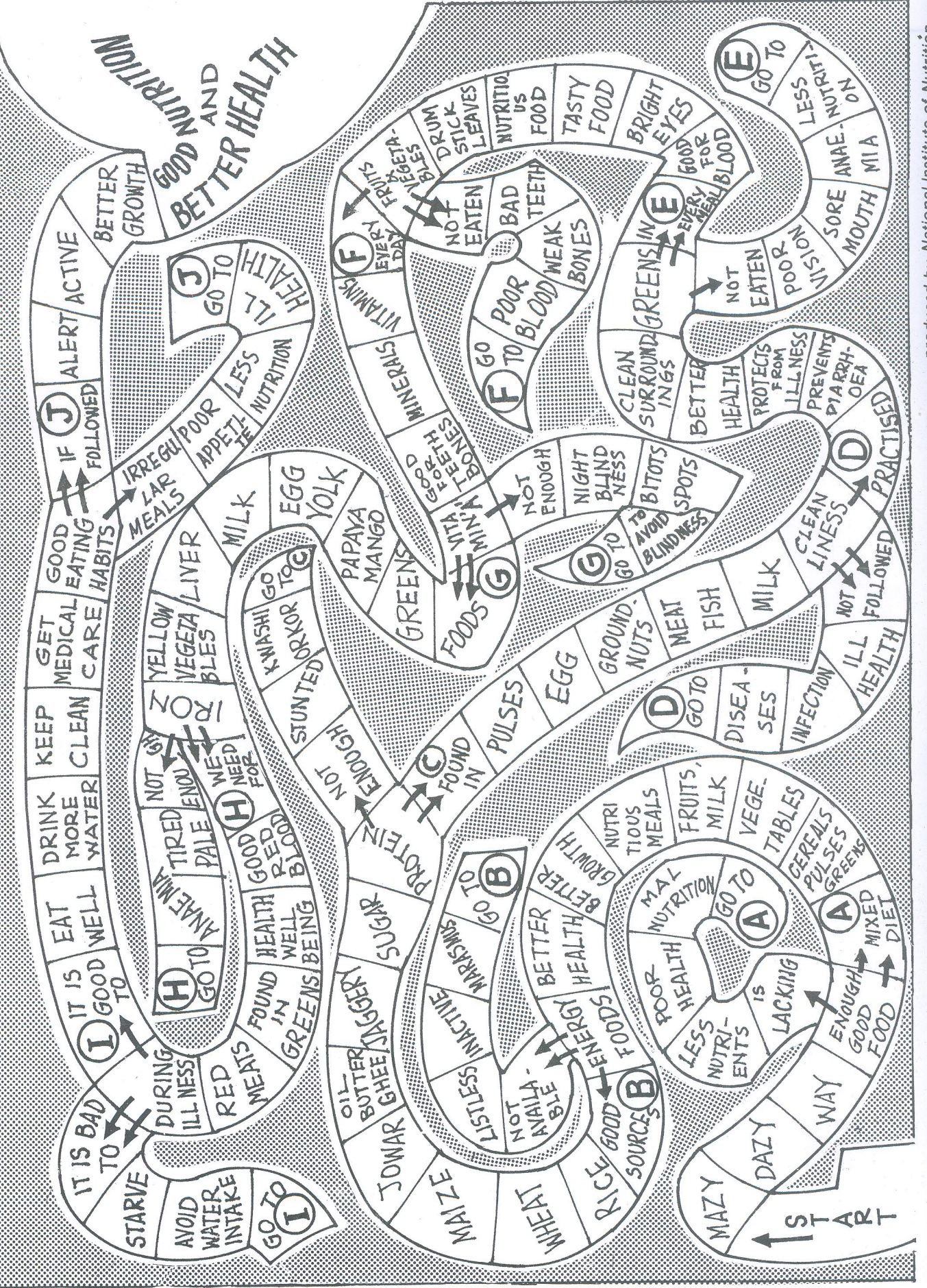


# MAZY DAZY WAY -- A Nutrition Game



produced by National Institute of Nutrition

## MAZY DAZY WAY – A Nutrition Game

### RULES FOR PLAY

1. Any number of persons can play. Each player has a counter of a different colour.
2. A dice box or four cowrie shells are needed for throws.
3. Begin at START and follow the path of single arrow, according to throw.
4. Throws of 5 or 6 are counted as Zero.
5. At any time each player gets only one chance to throw.
6. When you reach a cross road, jump to the next place by following single arrow if you reached the place by throwing 1 or 3;  
or follow the double arrow if throw was 2 or 4.
7. At dead -ends go to the place indicated.
8. The first person to reach *Good Nutrition & Better Health* is the winner.

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